



## WHAT IS NOONAN SYNDROME?

It's a **syndrome disease** that I've had for as long as I can remember.

In my body, there are many cells. In each cell, there's a recipe for making me. The doctor took some of my blood and found a difference in the recipe.

Noonan syndrome is one of a group of syndromes with similar conditions.



Doctors find the syndrome:

- during pregnancy
- in babies
- in children
- in adults.

It disrupts the functioning and development of my body.

The conditions can vary from person to person.













#### IS THE SYNDROME VISIBLE?

The syndrome is often invisible.

There are also **conditions of Noonan syndrome that can't necessarily be seen**, such as :

- > heart disease
- > difficulty seeing
- > hearing difficulties
- > problems with the brain
- > kidney problems
- > problems with the testicles
- > sometimes tumors

And, conditions that can be seen also from the outside:

- > short in height
- > a typical Noonan syndrome face
  - low-set ears
  - drooping eyelids
  - wide forehead
  - wide-set eyes
- > teeth that are sometimes badly set
- > skeletal or skin problems.















# DO I HAVE DIFFICULTIES?

Everyone has difficulties, but they're different for everyone.





- > difficulty eating as a child
- > difficulty holding my body and moving around
- > difficulty speaking
- > delays and difficulty learning.

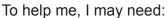




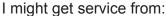
### IS MY DAY-TO-DAY LIFE DIFFERENT?

Yes, because I may:

- > get tired easily
- > have leg or joint pain
- > need help getting dressed or moving around.



- > medical check-ups or appointments with doctors to keep an eye on my health
- > medical treatments for
  - growth
  - heart
  - attention and concentration
- > help at school, adapted equipment, day-to-day help for me and my parents.



> a speech therapist. Who can help me communicate, speak and understand, write, read and count, as well as chew, swallow and eat. > an occupational therapist. Who can help me by adapting equipment and tools, or by guiding me to do what I want or need to do safely and independently at school, at home or at work. > a psychomotrician. Who helps me move better with my body and manage my emotions better. > an orthoptist. Who rehabilitates my eyes. He checks how well I can see. He can prescribe glasses.















#### I ALSO NEED TO KNOW THAT:

- > It's not contagious.
- > It can change over time.
- > I can't be cured, but there are solutions that can help me have fewer problems.
- > I can still have friends.

#### I can get help from:

- my family
- friends
- doctors
- the Noonan association.





